



MILES FOR AMELIA

PRESENTED BY NOLENSVILLE RUNNING CLUB

TO BENEFIT TUCKER'S HOUSE

What is Miles for Amelia?

Miles for Amelia is a fun run organized by Nolensville Running Club to benefit the organization, Tucker's House. Runners either pay a flat rate or gain sponsors to support them per lap. All proceeds go to Tucker's House.

What is Tucker's House?

Tucker's House is a 501(c)(3) non-profit organization that has been developed to partner with families of children with disabilities and their healthcare providers to provide assistance in navigating the complex path from diagnosis to home through specialized retrofitting resources so that their houses can become "home". We assist families in accessing resources that can help meet specific immediate, intermediate and long term needs that make their home a place that is not only accessible and safe but where they can carry out their necessary daily therapy.

When is Miles for Amelia?

The third annual Miles for Amelia will be held at the Nolensville track from 6am-12pm on Saturday, June 25. Runners and walkers may participate at any time for as long or short of a duration as they wish.

How can I help?

Individuals: There are three ways to participate.

1. A flat fee of \$25/person or \$50/family may be paid to participate in MFA.
2. An individual can gain sponsors per lap or mile for the event. Proceeds may be turned into Tucker's House before, during, or after the event. To donate before or after the event, please visit www.tuckershous.org. Click "Donate", specify the amount of your donation, and add "MFA" under comments.
3. A relay team of three may participate for a fee of \$60. Competitive categories include:
 - a. Farthest distance achieved for a cumulative team age of 120 or less.
 - b. Farthest distance achieved for a cumulative team age of 121 or more.
 - c. Farthest distance achieved for a kids team. Participants must be 12 years of age or younger.
 - d. Most spirited team.
 - e. Best team name.

Businesses: There are three ways to participate.

1. Tier 1 Sponsorship: \$50-\$200 in kind or cash donation will entitle the business to their name on the MFA event banner. In kind donation can be in the form of support items for the event, or donated items or services for the silent auction. Due by June 18.
2. Tier 2 Sponsorship: \$200+ in kind or cash donation will gain the sponsor their business logo on the MFA event banner and also on the Nolensville Running Club website for 30 consecutive days. In kind donation can be in the form of support items for the event, or donated items or services for the silent auction. Due by June 18.

What if I have more questions?

Contact Megan Brazill at meganbrazill@gmail.com

What do I do now?

We ask all individuals and teams to donate the day of the event. I wish to contribute as a(n):

(Please select one)

1. Individual or Family: \$25 (single) \$50 (family) \$60 (relay)

Relay Team Name: _____

Relay Team Participants: _____

Desired Category of Competition: _____

2. Sponsored Individual:

Runner Name:			
Sponsor Name	Sponsor Phone #	Amount Per Lap	Total Due

3. Business Name: _____ (Please select one)

Tier 1 Sponsorship (\$50)

Tier 2 Sponsorship (\$100)

Tier 3 Sponsorship (\$200)

Cash_____ In Kind_____

Cash_____ In Kind_____

Cash_____ In Kind_____

*If In Kind, please specify below:
